

CAREGIVER SERVICES

CAREGIVER TRAININGS



Caregiver Trainings offer innovative techniques and valuable insights to help improve the quality of life for both caregivers and their loved ones. Our licensed social workers provide educational seminars at the LIAD Center and in the community.

COUNSELING SERVICES



Our trained clinicians are here to help with your journey towards coping and restoration as a caregiver. We focus on preventing burnout, caregiver depression, anxiety, and grief.

SUPPORT GROUPS



Support groups use the power of peer-to-peer and professional therapy to provide education and guidance. All support groups are led by a licensed social worker. We offer support groups for specific relationships including spouses, adult children, grandchildren, and related caregivers.

RESOURCE & REFERRAL SERVICES



Our licensed social workers are readily available to be your one-stop resource center to guide you and your loved one through this journey. Our list of recommended resources includes elder care attorneys, financial advisors, dementia specialized doctors in all fields, and so much more.

THE IN-HOME RESPITE PROGRAM



All in the comfort of their home, the In-Home Respite Program relieves caregivers from their day-to-day role by providing a two-hour session of stimulating cognitive and recreational activities for their loved ones with Alzheimer's or a related dementia diagnosis. This allows the caregiver to have some much-needed time to tend to their personal needs such as: food-shopping, medical appointments, seeing their friends, whatever they need.

Caregivers play a vital role in supporting and coping with a loved one's diagnosis.

The LIAD Center supports caregivers with specialty programs that provide guidance and hope, helping caregivers provide the best level of care for their loved one.