



**Alzheimer's Association  
Long Island Chapter, and  
Long Island Alzheimer's and  
Dementia Center present:  
Virtual  
Early Stage Meetup**

**Meets every Monday, October 5 - November 23, 11 a.m. - 1 p.m.  
Telephone / Virtual**

**Pre-registration is required. Please call our 24/7 Helpline at 800.272.3900 or  
[click here to register.](#)**

**Visit [www.alz.org/longisland](http://www.alz.org/longisland) to learn more about caregiver programs and resources.**

## **Build a support system with people who understand.**

This support group is for people in the *early stage* of Alzheimer's disease/  
dementia and offers activities and discussions that will encourage:

- social engagement
- disease education
- cognitive stimulation
- a supportive environment

**A caregiver support group runs concurrently with Early Stage Meetup.**

*This program is supported in part by a grant from the New York State Department of Health.*

**800.272.3900 • [alz.org/longisland](http://alz.org/longisland)**