

THANK YOU FOR ANOTHER SUCCESSFUL YEAR

2019



New Name... Same Noble Mission

In 2019, we made a name change from the Long Island Alzheimer's Foundation (LIAF) to the Long Island Alzheimer's and Dementia Center. **WE CHANGED OUR NAME** to more clearly reflect the wide range of programs and services that our center offers to families affected by Alzheimer's disease and related forms of dementia.

Giving Caregivers More Support



We are excited to now offer **FOUR** caregiver support groups at the LIAD Center. In 2019, we added an early-stage Spousal Support Group. We've also forged a new partnership with **NORTHWELL HEALTH**, which allows us to offer monthly caregiver support groups at LIJ Valley Stream as well as at Huntington Hospital.



Self-Care for Caregivers

Research shows that caregivers are more likely to give their best when they are at their best – mentally, physically, spiritually and emotionally.

To offer all forms of support, we developed a partnership with United We Om to offer a weekly, free **CAREGIVER YOGA** service during our normal day program hours.

Keeping the Memory Alive with Memorial Donations



In 2019, our cherished memorial donations have **MORE THAN DOUBLED**. We are grateful for our donors who honor their loved ones by helping support our mission and enabling us to provide critically needed programs and services.

Engaging the Future



Each year we offer internship opportunities to social work undergraduate students. Just this year we hosted **15 STUDENTS!** Additionally, we partner with Adelphi University's nursing school to offer a weekly program where students can get hands-on experience with diagnosed individuals.

Social Saturdays is Growing

Since we've launched the Saturday Day Program, the response has been extraordinary and has **MORE THAN TRIPLED** in participation. This program also includes our newly implemented chorus program – The Sharp Notes – which hosted its first end-of-semester performance in December!



Day Program Expansion

Our moderate-stage day program – the Happy Days Club – as well as our Spanish-Speaking Respite program have all **MORE THAN DOUBLED** in participation. As the participation in our programs increase, we will continue to offer more activities and services. For example, we now host a total of **FIVE MONTHLY VISITS** from three different therapy dogs.

Transportation



We offer safe, door-to-door, agency-owned bus transportation to select Long Island areas. We have two accessible vehicles that are put to extraordinary use. In 2019, our two vehicles served more than **55** day program participants Monday - Saturday.



Revenue

At the LIAD Center, we are proud to have another successful year. In fact, our day program revenue is **UP 14%** in 2019.

However, our true measure of success is the number of lives we touch and benefit. Because of your generosity and support, we're looking forward to an even more successful 2020.